



## SAILING INSTRUCTIONS *Lasert*

### 1. RULES

- 1.1. The regatta will be governed by the “rules” as defined in the Racing Rules of Sailing (RRS).
- 1.2. The prescriptions of the National Authority will not apply.
- 1.3. Add to rule RRS A11: ARB means scoring penalty after arbitration, PTS means scoring penalty for a yellow flag after finish.
- 1.4. Appendix P will apply.
- 1.5. Advertising - The organising authority may require competing boats to carry event sponsor advertising on the hull as provided by ISAF Regulation 20.4.
- 1.6. Exoneration Penalty applies and protests may be heard by Arbitration.
- 1.7. Discretionary Penalties may apply for some breaches.
- 1.8. If there is a conflict between languages the English text will take precedence.

### 2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located at Grup d'Esports Nàutics de Roses on the north west side of Roses Marina.

### 3. CHANGES IN SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted not later than 90' minutes before the first scheduled warning signal on the day it will take effect, except that any change to the schedule of races will be posted by 20:00 hours on the day before it will take effect.

### 4. BOATS AND EQUIPMENT

- 4.1. All competitors shall use only one hull, sail, mast, boom, centreboard and rudder.
- 4.2. In the event of damage, boats and

- 4.3. equipment may only be substituted with the written permission of the Race Committee. Provisional verbal permission shall be obtained from the Jury or Race Committee
- 4.4. Sailors shall use the lycra like top layer provided by the organising authority.
- 4.5. When ashore, boats shall be kept in their assigned places at the venue.

## 5. SIGNALS MADE ASHORE AND COURSE AREA

- 5.1. Signals made ashore will be displayed from the mast located near the race office.
- 5.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in race signal AP.
- 5.3. The approximate position of the course area will be displayed on the official notice board.

## 6. PROGRAMME

- 6.1. Programme and start times:

Friday 20th	
9h00 - 19h00	Race office registration

Saturday 21st	
9h00 - 11h00	Race office registration
13h00	First race of the day
After last race	"Village Date": snack, beer...
21h00	Welcome "BBQ" party

Sunday 22nd	
12h00	First race of the day
2 hours after last race	"Village Date": To Be Trophy prize giving ceremony & Cocktail

Monday 23th	
12h00	First race of the day
After last race	"Village Date": snack, beer...

Tuesday 24th	
12h00	First race of the day
2 hours after last race	"Village Date": MMW Trophy prize giving ceremony & Cocktail

- 6.2. No warning signal will be given after 15:00 on the last day of the regatta.
- 6.3. No more than 3 races will be sailed per day. 8 races are scheduled.

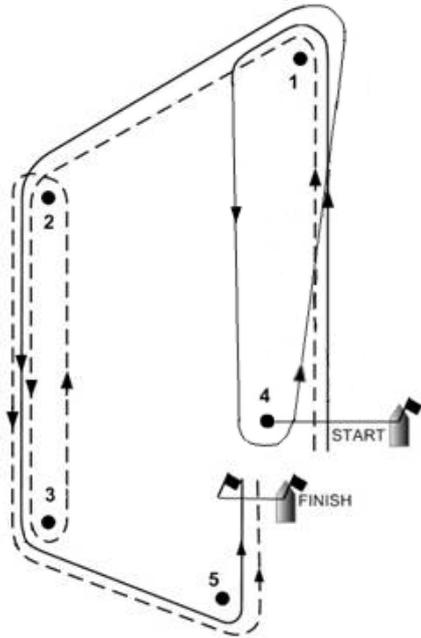
**7. CLASS FLAG.**

7.1. Class flag will be as follow:

Yellow flag with laser logo:	Standard Rig
Red flag with laser logo:	Radial Rig

**8. THE COURSE**

8.1. The diagram shows the course, including the approximate angles between the legs, the order in which the marks are to be passed and the side on which each mark is to be left.



Outer: 1, 2, 3, 2, 3, 5, FINISH

Inner: 1, 4, 1, 2, 3, 5, FINISH

- 8.2. No later than the warning signal the Race Committee signal boat will display the approximate compass bearing from the boat to the first mark. Failure to display the compass bearing will not be grounds for redress
- 8.3. Before the warning signal the Race Committee Boat will display the course to be sailed. OUT for the outer and IN for the inner
- 8.4. The target racing time for the first boat is 60 minutes. A shorter or longer sailing time shall not be grounds for redress.

**9. MARKS**

- 9.1. Rounding marks will be orange cylindrical buoys.
- 9.2. Alternate marks will be red cylindrical buoys.
- 9.3. The starting marks will be the race committee vessel displaying an orange flag and mark 4.
- 9.4. The finishing marks will be the finishing vessel and the finishing buoy with blue flags.
- 9.5. Each day succeeding races will be started as soon as practicable after the finish of the previous race. It will be announced with flag "number 3" at committee finishing boat.

**10. THE START**

- 10.1. The starting line will be between a staff displaying an orange flag on the Race Committee Boat at the starboard end of the starting line and mark 4 at the port end.

<b>Time before start</b>	<b>Signal</b>	<b>Visual signal</b>	<b>Sound signal</b>
5 minutes	Warning	class Flag(s)	1 sound
4 minutes	Preparatory	Flag P, I or Black Flag	1 sound
1 minute	1 Minute	Flag P, I or Black Flag removed	1 sound
0 minutes	Start	group Flag(s) removed	1 sound

- 10.2. The warning signal for the next fleet's start will be made as soon as practicable after the previous start.
- 10.3. Prior to the start of the second and any subsequent race of the day Flag 'L' will be displayed. Flag 'L' will be lowered with a long sound signal 5 minutes before the warning signal for the next race.
- 10.4. Boats whose warning flag has not been displayed shall keep clear of the starting line between the warning and starting signals of the preceding fleet's start.
- 10.5. A boat that starts more than 5 minutes after her starting signal will be scored DNS without a hearing. This changes RRS Appendix A.4 and Appendix A.5.

## **11. CHANGE OF THE NEXT LEG OF THE COURSE**

- 11.1. A change of the next leg of the course will first be attempted by changing the position of the original marks. When this is not possible the course will be reset using one or more alternate marks.
- 11.2. When alternate marks are already in use, the course may be further reset using the original marks. A boat shall not request redress under 60.1(b) because of an action or no action by the race committee under this instruction.

## **12. ABANDONING A RACE**

Under rule 32.1, the race committee may abandon the race because of a major wind shift or irregular winds or when the wind speed drops below 5 knots (2.5 m/s) as measured by the race committee. A boat shall not request redress under 60.1(b) because of an action or no action by the race committee under this instruction.

## **13. THE FINISH**

The finishing line will be between a staff boat displaying a blue flag and the end finishing mark.

## **14. PENALTY SYSTEM**

- 14.1. Appendix P will apply with the following changes:
  - (a) If a first penalty is signalled after a boat has finished, the boat will be given a scoring penalty of 8 points without a hearing.
  - (b) Rule P2.3 will not apply and rule P2.2 is changed so that it will apply to any penalty after the first one.
- 14.2. A list of boats that have been penalised for breaking rule 42 will be posted after racing each day
- 14.3. Discretionary Penalties apply for some breaches. Self-reporting of breaches is available.
- 14.4. A boat that may have broken a rule of Part 2, or rule 31 or 42, may, after finishing the race concerned and before the start of a related protest hearing, notify the race committee that she accepts a 40% scoring penalty as stated in rule 44.3(c), (except that the minimum penalty is two places if that does not result in a score worse than DNF). This penalty does not reverse an OCS score, a disqualification under rule 30.3 or a penalty under Appendix P. It is not available for a breach of rule 2 or of class rules or for gross misconduct under rule 69. Nor is it available to a boat that caused injury or serious damage, or gained a significant advantage by her breach: in these circumstances, her penalty is to retire.
- 14.5. When an Exoneration Penalty is accepted: (a) Neither the boat nor a protest committee/jury may then revoke or remove the penalty. b) The boat shall not be penalised further in a hearing when the protest committee/jury decides that it was appropriate to the facts found and the applicable rules.

## 15. TIME LIMIT

Boats failing to finish within 30 minutes of the time the first boat sails the course will be scored DNF without a hearing. This changes RRS Rule 35, Appendix A.4 and Appendix A.5.

## 16. PROTESTS

- 16.1. Protests shall be in writing and delivered to the race office within the protest time limit. Protest forms will be available at the race office. The protest time limit will be posted on the official notice board.
- 16.2. Protest time limit will be 90 minutes after the last boat finishes and may be different for each fleet.
- 16.3. Protest notices will be posted within 30 minutes of the protest time limit. Protests will be heard at the jury office located in the GEN Roses Club.
- 16.4. Notices of protests by the race committee or jury will be posted before the end of the protest time limit to inform boats under rule 61.1(b).
- 16.5. On the last scheduled day of racing a request for a reopening of a hearing shall be delivered:
  - Within the protest time limit if a party to a protest requesting reopening was informed of the decision on the previous day; -No later than 30 minutes after the decision is posted;
  - If no racing has taken place on that day, no later than 30 minutes after 'AP over A' is displayed ashore. This changes RRS 66.
- 16.6. On the last scheduled day of racing, a request for redress based on a jury decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.
- 16.7. Breaches of instructions 1.3, 5, 6, 22, 21 and 22 will not be grounds for a protest by a boat. This changes rule 60.1(a). For these breaches the jury may apply a lesser penalty in place of disqualification.
- 16.8. To request correction of an alleged error in posted race or series results, a boat shall complete a scoring enquiry form available at the race office.
- 16.9. The jury will not consider claims for damages arising from incidents involving boats bound by the rules.

## 17. ARBITRATION SYSTEM

As an alternative to a protest hearing by the jury for an alleged breach of a rule of Part 2, boats may be given the choice of using an arbitration procedure in accordance with the ILCA Arbitration Procedure appended to these sailing instructions. The arbitration procedure changes rules 63 and 64.

## 18. WHISTLE SYSTEM

To encourage boats to take penalties afloat, jury members may blow a whistle when they see what they believe to be a breach of a rule.

## 19. SCORING

- 19.1. The Low Point System of RRS Appendix A will apply.
- 19.2. At least 3 races are required to be completed to constitute a regatta. When 4 or more races have been completed, a boat's series score will be the total of its race scores excluding the worst score.
- 19.3. The ranking at the individual regattas will be by extraction for each age category for each fleet.

## 20. PRIZES

- 20.1. Prizes for each Regatta will be awarded in the following categories.

Laser Standard

- 1st Class. Overall TO BE TROPHY (Saturday and Sunday regattas)
- 1st Class. Overall
- 2nd Class. Overall
- 3rd Class. Overall
- 1r Class. Apprentice
- 1r Class. Master
- 1r Class. Grand Master

#### Laser Radial

- 1st Class. Overall TO BE TROPHY (Saturday and Sunday regattas)
- 1st Class. Overall
- 2nd Class. Overall
- 3rd Class. Overall
- 1st Class. Apprentice
- 1st Class. Master
- 1st Class. Grand Master
- 1st Class. Great Grand Master
- 1st Class. Woman

### **21. SAFETY**

- 21.1. Competitors shall wear personal flotation devices at all times when afloat, except briefly when changing or adjusting clothing or personal equipment. Wet suits and dry suits are not personal flotation devices. This changes rule RRS 40.
- 21.2. Competitors who require assistance from rescue boats should wave one arm with hand open. If no assistance is required, the arm should be waved with fist closed.
- 21.3. If considered necessary a competitor may be ordered by a race organisation boat to abandon his or her boat and board a rescue boat.
- 21.4. A boat that retires from a race shall notify a race committee or jury boat as soon as possible or the race office immediately after returning to the shore.
- 21.5. If a boat is abandoned it will be marked with a hazard tape tied through the bow eye to signal that the sailor is safe.

### **22. RUBBISH/TRASH DISPOSAL**

- 22.1. As sailors, we respect our environment and seek to protect and restore our boat park, shore, coastal waters and oceans. Sailors shall always use trash bins ashore and shall not intentionally put trash in the water. Trash may be placed aboard support and race committee boats.

### **23. PHOTOGRAPHY CONSENT**

- 23.1. By entering the Championships competitors accept that they may be photographed and/or videotaped participating in the race and/or using the Championship facilities and they consent to the taking of such images and to the use, reuse, publication and republication of such images in any media, in conjunction with the competitor's name or not, without compensation and without the competitor's approval of such images or any use thereof.

### **24. LIABILITY**

- 24.1. The Grup d'Esport Nàutics de Roses, The Federació Catalana de Vela, the Real Federación Española de Vela and the International Laser Class Association, their officers, members and volunteers do not accept liability for loss of life or property, personal injury or damage caused by or arising out of the Euro Masters Series regatta and competitors take part in the regatta at their own risk.
- 24.2. The establishment of the Notice of Race and the Sailing Instructions in no way limits or reduces the complete and unlimited responsibilities of a competitor being solely and entirely responsible for the management of a boat he is sailing.
- 24.3. A competitor shall maintain their boat in a safe and seaworthy condition.
- 24.4. A competitor shall be of good health and a competent sailor capable of racing a Laser Radial in open water in 25 knots wind and it is his sole responsibility to decide to participate in a race or to continue racing.
- 24.5. All competitors shall be insured with valid third party liability insurance with a minimum cover of 1,500,000€ per event or equivalent thereof in any other currency.
- 24.6. A competitor is recommended to have personal accident and health insurance that covers them while attending the regatta and whilst racing.